



**The Milton H. Erickson**  
INSTITUTE OF SOUTH AFRICA

**PRESENTS**

**THE CHANGING FACES OF PSYCHOTHERAPY: A CONGRESS**

**INCLUDING**

**THE THIRD WORLD CONGRESS ON EGO STATE THERAPY**

**WELCOME MESSAGE**

**Dear Colleagues and Visitors**

On behalf of the Board of Directors of the Milton H. Erickson Institute of South Africa (MEISA) and as organiser of this event, I wish to take the opportunity to invite you to our congress in South Africa.

Over the past years many of you have indicated that we should endeavour to continue promoting Ericksonian and Ego State Therapy approaches worldwide, but more specifically in Africa. After careful consideration, my German friend, Bernhard Trenkle (Dipl.Psych) and I have decided to organise the Third World Congress on Ego State Therapy in South Africa, concurrent with our Ericksonian Congress – The Changing Faces of Psychotherapy.

The programme will commence with a multitude of specialist workshops in hypnosis and psychotherapy. The workshop programme will be in English, however, it is also planned to include workshops in German. The workshops will cover a wide variety of topics in the fields of psychotherapy and psychology. We are planning an exciting programme at two different venues in South Africa to give you the opportunity to attend the congresses and simultaneously also experience the beauty of our wonderful country and its diversity. Our country has a proud tradition of resolving problems through open and honest dialogue and negotiation and we trust that this environment will extend to fruitful interaction and discussions during the congress.

The setting is truly beautiful, and the cultural and recreational opportunities offered during the congresses are matched by the warm hospitality with which we welcome visitors who grace our shores.

Please help us to make this a truly international hypnosis and psychotherapy forum by joining us in South Africa for some stimulating days.

I sincerely hope you will be able to attend our congress, that your visit will be an enriching experience both academically and culturally, and that above all you will have FUN!

We look forward to welcoming you to South Africa.

Yours sincerely

Woltemade Hartman Ph.D and Idillette Hartman M.Log  
Congress organisers  
Directors: Milton H. Erickson Institute of South Africa (MEISA)

Congress Secretariat: Tel: 0027 + (0) 12 + 991-1472 Fax: 0027 + (0) 12 + 991-3587  
E-mail: hartmanw@vodamail.co.za

## **MAIN CONGRESS (SUN CITY)**

**4-6 FEBRUARY 2010**

**(7 FEBRUARY 2010: Post Congress Workshops)**

### **VENUE: SUN CITY INTERNATIONAL CONVENTION CENTRE NORTH WEST PROVINCE**

After our successful Second World Congress on Ego State Therapy and Psychotherapy in 2006, many of our colleagues expressed the need for another world congress. Although this is the official segment of the Third World Congress on Ego State Therapy, other Ego State Therapy presentations and workshops will also form part of the Cape of Good Hope Congress, in Stellenbosch. Many well-known Ego State and Ericksonian therapists from all over the world will join us. The programme will commence with a multitude of specialist workshops in hypnosis and psychotherapy. The workshops will cover a wide variety of topics in the fields of psychotherapy and psychology. The programme will also include conversation hours with world-renowned psychotherapists and topical panels on hypnosis and psychotherapy in general.

Nestled in the rolling hills of the Pilansberg, one of South Africa's most scenic locations, Sun City is a world unto itself and has earned its reputation as Africa's Kingdom of Pleasure. Whatever you want, you'll find it at Sun City, from sizzling entertainment, world-class casinos and restaurants catering for all tastes, to more relaxed poolside venues, quiet places, lush gardens and extensive sporting facilities including two world-class golf courses. These are just some of the elements that make Sun City unique as a world entertainment resort. Finally rediscovered and now part of Sun City, The Lost City and the Valley of the Waves, fabled to be the ruins of a glorious ancient civilisation celebrate and brings to life the legends of this mystical city. The Lost City is internationally applauded for its wonderfully imaginative theme and exquisite landscaping whilst the fantastic Valley of the Waves is one of the world's most exciting waterparks. Sun City's website is [www.suninternational.com](http://www.suninternational.com) (select Sun City)/ [www.sunimages.co.za](http://www.sunimages.co.za) for your information.

#### **ELIGIBILITY**

The congress is open to professionals (physicians, psychiatrists, dentists, psychologists, social workers and registered counsellors) in health-related fields from accredited institutions. Applications will also be accepted from full-time students in the health-related fields who supply a letter from their university certifying full-time student status as of January 2010.

#### **INTERNATIONAL FACULTY**

Adrienne, Helen (USA), Carolusson, Susanna (Sweden), Cronauer, Elfie (Germany), De Raay, Lorraine (South Africa), De Swardt, Sorika (South Africa), Diale, Tumi (South Africa), Dowell, Susan (USA), Emmerson, Gordon (Australia), Fourie, David (South Africa), Fourie, Gerda (South Africa), Frederick, Claire (USA), Fritz, Elzette (South Africa), Fritzsche, Kai (Germany), Geary, Brent (USA), Gericke, Cecile (South Africa), Guse, Tharina (South Africa), Hartman, Woltemade (South Africa), Hattingh, Callie (South Africa), Hirschson, Shalya (South Africa), Howes, Debbie (South Africa), Huber, Michaela (Germany), Hüllemann, Brigitte (Germany), Hüllemann, Klaus (Germany), Jamieson, Carol (South Africa), Kemp, Hannelie (South Africa), Lentz, John (USA), Leutner, Susanna (Germany), Lifschitz, Stan (South Africa), Loriedo, Camillo (Italy), Malherbe, Helena (South Africa), Marais, Pieter (South Africa), Marovic, Zana (South Africa), Meiss, Ortwin (Germany), Mende, Matthias (Austria), Mertens, Christiane (Germany), Miller, Richard (USA), Nel, Joy (South Africa), Nemetschek, Peter (Germany), Paulsen, Sandra (USA), Peichl, Jochen (Germany), Peter, Burkhard (Germany), Phillips, Maggie (USA), Pistorius, Micki (South Africa), Ragpot, Lara (South Africa), Reddemann, Luise (Germany), Riessbeck, Helmut (Germany),

Riessbeck, Kerstin (Germany), Scheffer, Hannelie (South Africa), Signer-Fischer, Susy (Switzerland), Steenkamp, Jo (South Africa), Struwig, Elsa (South Africa), Swart, Inette (South Africa), Trenkle, Bernhard (Germany), Von Cziffra-Bergs, Jacqui (South Africa), Weinspach, Claudia (Germany), Wirl, Charlotte (Austria), Wolfensberger-Le-Feuvre, Celeste (South Africa).

**REGISTRATION FEES FOR THE MAIN CONGRESS AT SUN CITY  
(EXCLUDE ACCOMMODATION AND LUNCH)**

			<b>Unpaid interns/students</b>
Early bird registration before:	1 June 2009	R2700	R 1200
Registration before:	10 December 2009	R3000	R 1500
Registration before:	10 January 2010	R3200	R 1600
Registration after:	10 January 2010	R3400	R 1700

**REGISTRATION FEES FOR DAY ATTENDANCE**

Early bird registration before:	1 June 2009	R 900
Registration before:	10 December 2009	R1050
Registration before:	10 January 2010	R1200
Registration after:	10 January 2010	R1400

(You can indicate the specific day of attendance as soon as the final congress programme is available. In the meantime send us your registration form and proof of payment.)

**REGISTRATION FEES FOR POST CONGRESS WORKSHOPS AT SUN CITY  
(NO REFRESHMENTS)**

			<b>Unpaid interns/students</b>
Early bird registration before:	1 June 2009	R450	R 150
Registration before:	10 December 2009	R550	R 200
Registration before:	10 January 2010	R650	R 250
Registration after:	10 January 2010	R750	R 300

**ACCOMMODATION**

You are responsible to arrange your own accommodation through the central reservations offices. **The Group ID for reservations for the Congress is MEISA.** You need to mention the MEISA group ID in all your contacts and correspondence regarding accommodation reservations. You also need to mention that you are attending the MEISA Congress to make use of the block reservation done for the Congress. No online reservations can be made for block reservations.

Please find the details on how to make a reservation at Sun City on the attached - Accommodation Reservation Form

Due to the FIFA World Cup only 150 rooms have been allocated to the MEISA congress. The accommodation is allocated to the Cabanas. Accommodation at Sun City Hotel, The Cascades and The Palace are subject to availability.

**ENTRANCE FEE**

Delegates staying at Sun City do NOT pay an entrance fee to Sun City but delegates commuting to Sun City have to pay a daily entrance fee. (Not included in the congress registration fees)

**TRANSPORT**

Sun City is situated in the North West Province about 2 hours drive from the O.R. Tambo International Airport in Johannesburg.

Transportation to and from Sun City needs to be arranged by delegates themselves. Please contact the following companies directly for assistance with transportation.

**SELF DRIVE/CHAUFFEUR DRIVE**

**Avis Rent-a-car** offers both a self-drive and chauffeur-drive service. Transfers can be arranged from the O.R. Tambo International Airport or through Central reservations. Transfers from Sun City can be arranged at Sun City. Avis has a drop off facility and reservation office at Sun City.

Central Reservations: +27 (0) 861 021 0011  
Head Office: +27 (0) 12 301 5020  
Sun City Office: +27 (0) 14 5521501

**COACH/GROUP/INDIVIDUAL SERVICES**

**Welcome Tours** provides a pre-booked shuttle service between O.R. Tambo International Airport and Sun City.

Reservation Office: +27 (0) 14 557 4488  
Email: [info@ingelosi.net](mailto:info@ingelosi.net)

Mankwe Safaris at Sun City provides a pre-booked shuttle service between O.R. Tambo International Airport and Sun City. Please contact them directly and email your flight details to them. Make sure to mention that you are attending the MEISA Congress.

Reservation office: +27 14 555 7056  
Email: [mankwesafari@mweb.co.za](mailto:mankwesafari@mweb.co.za)

**Please do not hesitate to contact Hanlé or Louise at +27 12 991-1472 / [hartmanw@vodamail.co.za](mailto:hartmanw@vodamail.co.za), if you experience any difficulty.**

## STELLENBOSCH CONGRESS

### THE CAPE OF GOOD HOPE CONGRESS

**9+10 FEBRUARY 2010**

**(11 FEBRUARY 2010: Post Congress Workshops)**

### **VENUE: PROTEA HOTEL, STELLENBOSCH, WESTERN CAPE**

We have decided to draw upon the expertise and wisdom of some of the world's most renowned psychotherapists in presenting their knowledge in their specific fields of expertise. This section of our congress will focus on the latest and most innovative changes in psychotherapy. The African perspective on hypnosis and psychotherapy will also be addressed and explicated.

The programme will commence with a multitude of specialist workshops in hypnosis and psychotherapy. The workshops will cover a wide variety of topics in the fields of psychotherapy and psychology. The programme will also include conversation hours with world-renowned psychotherapists and topical panels on hypnosis and psychotherapy in general.

The 3 star Protea Hotel is situated in the heart of the Winelands, in one of the most beautiful and heritage conscious towns in our country. It has a 360° view of Table Mountain, the Helderberg, Stellenbosch vineyards and the De Zalze Golf Estate. With its scenic environment and well-maintained facilities, Stellenbosch is the second-oldest town in South Africa and affectionately referred to as the "Eikestad". Whether it's the magnificent backdrop of mountain ranges you seek, perhaps just a scenic drive or wine tasting at the many surrounding wine farms, you will never run out of things to see and do.

Nestled between two international golf courses, this 180-bedroom hotel offers all guests the best of the Winelands. Wireless internet access is available in all bedrooms, public areas, conference rooms and restaurants. The website for the hotel is [www.proteahotels.com/stellenbosch](http://www.proteahotels.com/stellenbosch) for your information.

#### **ELIGIBILITY**

The congress is open to psychologists and masters level psychology students, medical doctors, psychiatrists, dentists and counsellors registered with the Health Professions Council of South Africa and Social Workers registered with the SA Council for Social Services Professions. Applications will also be accepted from full-time students in the related fields who supply a letter from their university certifying full-time student status as of January 2010.

#### **INTERNATIONAL FACULTY**

Badenhorst, Stefanie (South Africa), Boisvert, Denis (Canada), Carolusson, Susanna (Sweden), Cronauer, Elfie (Germany), Edwards, David (South Africa), Fritzsche, Kai (Germany), Hartman, Woltemade (South Africa), Hattingh, Callie (South Africa), Huber, Michaela (Germany), Hüllemann, Klaus (Germany), Klajs, Krzysztof (Poland), Lemmer, Ronéll (South Africa), Lentz, John (USA), Leutner, Susanna (Germany), Louw, Dirk (South Africa), Matthews, Lizette (South Africa), Meiss, Ortwin (Germany), Mende, Matthias (Austria), Nemetschek, Peter (Germany), Oberholzer, Toekie (South Africa), Peichl, Jochen (Germany), Peter, Burkhard (Germany), Phillips, Maggie (USA), Reddemann, Luise (Germany), Riessbeck, Helmut (Germany), Scheffer, Hannelie (South Africa), Signer-Fischer, Susy (Switzerland), Steenkamp, Jo (South Africa), Trenkle, Bernhard (Germany), Van der Walt, Tjaart (South Africa), Wirl, Charlotte (Austria).

**REGISTRATION FEES FOR THE STELLENBOSCH CONGRESS  
(EXCLUDE ACCOMMODATION, INCLUDE LUNCH)**

			<b>Unpaid interns/students</b>
Early bird registration before:	1 June 2009	R1800	R 900
Registration before:	10 December 2009	R2000	R 1000
Registration before:	10 January 2010	R2100	R 1050
Registration after:	10 January 2010	R2200	R 1100

**REGISTRATION FEES FOR DAY ATTENDANCE**

Early bird registration before:	1 June 2009	R 900
Registration before:	10 December 2009	R1050
Registration before:	10 January 2010	R1200
Registration after:	10 January 2010	R1400

(You can indicate the specific day of attendance as soon as the final congress programme is available. In the meantime send us your registration form and proof of payment.)

**REGISTRATION FEES FOR THE STELLENBOSCH POST CONGRESS WORKSHOPS  
(NO REFRESHMENTS)**

			<b>Unpaid interns/students</b>
Early bird registration before:	1 June 2009	R450	R 150
Registration before:	10 December 2009	R550	R 200
Registration before:	10 January 2010	R650	R 250
Registration after:	10 January 2010	R750	R 300

**ACCOMMODATION**

You are responsible to arrange your own accommodation through the central reservations offices. (See below). **The Group ID for reservations for the Congress is MEISA.** You need to mention the MEISA group ID in all your contacts and correspondence regarding accommodation reservations. You also need to mention that you are attending the MEISA Congress to make use of the block reservation done for the Congress. No online reservations can be made for block reservations.

Protea Hotel Stellenbosch

Tel: +27 (0) 21 880 9500

Fax: +27 (0) 21 880 9505

Email: [reservationsm@phstellenbosch.com](mailto:reservationsm@phstellenbosch.com) or [banqueta2@phstellenbosch.com](mailto:banqueta2@phstellenbosch.com)

**Accommodation fees are PER ROOM and includes breakfast**

R951.00 Single Standard Room

R1205.00 Double Standard Room (Sharing)

## TRANSPORT

The Protea Hotel, Stellenbosch is about 40 minutes from the Cape Town International Airport.

### **SELF DRIVE/CHAUFFEUR DRIVE**

**Avis Rent-a-car** offers both a self-drive and chauffeur-drive service. Transfers can be arranged from the Cape Town International Airport or through central reservations.

Central Reservations: +27 (0) 861 021 0011

Head Office: +27 (0) 12 301 5020

### **COACH/GROUP/INDIVIDUAL SERVICES**

Sondel Tours is the in-house tour and transport service at the Protea Hotel Stellenbosch.

Please contact them directly and email your flight details to them. Make sure to mention that you are attending the MEISA Congress.

Tel: +27 (0) 84 7051 383

Email: [info@sondel.co.za](mailto:info@sondel.co.za)

Website: [www.sondel.co.za](http://www.sondel.co.za)

**Please do not hesitate to contact Hanlé or Louise at +27 12 991-1472  
[hartmanw@vodamail.co.za](mailto:hartmanw@vodamail.co.za) if you experience any difficulty.**